

# Role of effective communication in breaking glass-ceiling for women

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Communication is a vital aspect of our lives





# **Barriers to Communication**



## Intrapersonal

Wrong Assumptions Varied perceptions Differing Background Wrong Inferences Blocked Categories Categorical Thinking



### Interpersonal

Limited Vocabulary Incongruence of verbal and non-verbal messages Emotional Outburst Communication Selectivity Cultural Variations Poor listening Skills



# Organizational

Multiple Transfer stations Fear of Superiors Negative Tendencies Use of inappropriate media Information overload

# **Glass Ceiling**

#### Assertive

Assertiveness isn't a quality that we easily inhabit

**Strategy**: Alterations of volume, tone and inflection can dramatically alter the results of communication.

#### Dominant

We embody a meek, passive and/or submissive stance.

Strategy: Roll your shoulders, straighten your back and lengthen your neck so your spine is erect.

## Eye-Contact

As women, we tend to selfmonitor our gaze.

Strategy: When making a presentation, ensure you aren't making eye contact with only one or two people, but spend time honouring each person in the room with adequate eye contact.

## **Your Story**

We undermine ourselves constantly.

Strategy: Try neither to position yourself as the hero nor the villain in a persuasive negotiation. Instead, centre audience as the hero and shift your stance to that of a mentor.

# **Effective Communication**

- Create an open communication environment.
- Always keep the receiver in mind.
- Avoid having too many transfer stations.
- Do not communicate when you are emotionally disturbed.
- Be aware of diversity in culture, language, etc.
- Use appropriate non-verbal cues.
- Select the most appropriate medium.
- Analyze the feedback.

"Women have shattered glass ceilings throughout history, and effective communication has always been their secret weapon."

- Michelle Obama